#### Biomarker of DMR 서울대학교 의과대학 안과학 교실 유 형 곤



### **Diabetic Retinopathy**

- Most common microvascular complication
- One of the leading causes of blindness
- Association with systemic vascular complications
  - CVA, coronary heart disease, heart failure, nephropathy



# Role of Biomarker in DMR

- General role of biomarker
  - Decision in therapy
  - Prognosis of disease
- Role of biomarker in DMR
  - Grading of DMR
  - Decision of laser photocoagulation
  - Prognosis of DMR



### **Biomarkers in DMR**

- Fundoscopic and Angiographic biomarker
- Genetic biomarker
- Plasma biomarker
- Vitreous biomarker
- Proteomic approach for biomarker discovery



#### Microaneurysm



#### Microaneurysm

- Saccular outpouching of capillary wall
- The first visible sign of DR
- Staging biomarker as combined with punctate hemorrhage
- Leakage from Ma as a cause of macular edema
- Ma turnover as a biomarker for CSME



#### IRMA



#### IRMA

(IntraRetinal microvascular Abnormality)

- Clusters of Ma and tortuous hypercellular vessels
- Adjacent to the nonperfused retina
- 70% of NVE from IRMA
- As a biomarker for progression to PDR



#### Venous beading



### Venous beading

- Dilated segments of retinal veins
- Representative of retinal ischemia
- Biomarker most associated with progression to PDR



#### Hard exudate



#### Hard exudate

- Lipid deposits in association with lipoprotein leakage
- Often accompanied with macular edema
- Associated with serum lipids level
- Not as a biomarker for progression to PDR



#### Cotton wool patch



50° Left #2

#### Cotton wool patch

- Defect in axonal transport from microinfarcts in the retinal nerve fiber layer
- Not as a biomarker for progression of DR

![](_page_13_Picture_3.jpeg)

#### PDR

![](_page_14_Picture_1.jpeg)

#### PDR

- PDR, accompanying
  - Neovascularization: NVD, NVE
  - Fibrous proliferation
- NVD (New Vessels on Disc)
  - Biomarker most associated with severe visual loss

![](_page_15_Picture_6.jpeg)

#### Neovascularization

![](_page_16_Figure_1.jpeg)

#### Macular edema

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#### Macular edema

- Retinal thickening from accumulation of fluid within 1 DD of the macula
- Most common cause of visual loss in DR
- CSME (Clinically Significant Macular Edema)
  - Macular edema involving or threatening fovea

![](_page_18_Picture_5.jpeg)

# Grading of DMR

Severity	Lesions present
Mild NPDR	Ma +/- retinal hemorrhage, hard exudates
Moderate NPDR	Mild NPDR + cotton wool spots and/or IRMA
Severe NPDR	Presence of one of the following features 1)H/Ma≥ standard photograph 2A in 4 Q 2)marked venous beading in 2 Q 3)moderate IRMA in 1 Q
Very severe NPDR	$\geq$ 2 of the above features in severe NPDR

### **Prognosis of DMR**

Grading	Follow-up	Severe visual loss (%)
NPDR	2-year	3.2
	4-year	12.8
PDR without high ris k markers	2-year	7.0
	4-year	20.9
PDR with high risk markers	2-year	26.2
	4-year	44.0
All eyes	2-year	14.0
	4-year	28.5

![](_page_20_Picture_2.jpeg)

#### **Treatment of DR**

- Diabetic Control
- Laser photocoagulation
  - Considered over very severe NPDR
  - Focal/grid photocoagulation
    - Macular edema
- Medication
  - Antiplatelet
  - Lipid lowering agents
  - Antioxidants

![](_page_21_Figure_10.jpeg)

# **Biomarkers in DMR**

- Fundoscopic and Angiographic biomarker
- Genetic biomarker
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![](_page_22_Picture_6.jpeg)

### Aldose Reductase 2 Gene

- Aldose Reductase 2
  - 1<sup>st</sup> and rate limiting enzyme in polyol pathway
- (A–C)n repeat polymorphism
  - found to be associated with DR in
    - Hong Kong-Chineses, Japaneses, Indians, Chinese
- (AC)23 allele in ALR2-gene
  - associated with early onset of DR
  - Rapid progression of DR

![](_page_23_Figure_9.jpeg)

# AGE Receptor (RAGE) gene

- Receptor-mediated activation and secretion of various cytokines
  - Progression of DR
- Gly82 Ser polymorphism
  - Decreased RAGE expression
  - lower risk for development of DR
    - Pros: Kumaramanickavel et al., Hudson et al.
    - Cons: JiXiong et al., Kankova et al., Liu and Xiang, Petrovic et al.

![](_page_24_Figure_8.jpeg)

#### Renin-angiotensinogen system

#### ATR1 gene

- Angiotensin II Type 1 Receptor
- ATR1 polymorphisms
  - No association with the development of retinopathy in type 2 diabetes

![](_page_25_Picture_5.jpeg)

#### RAS (cont'd)

- ACE gene
  - ACE I/D (insertion/deletion) polymorphism
    - Association with DR
      - demonstrated only in one study performed with Japanese
- Angiotensinogen gene
  - No association with DR
    - Chinese, Caucasians

# **VEGF** gene

- C(-634)G polymorphism
  - ∘ -634C allele
    - Increased in DR patients
  - CC genotype
    - Higher VEGF serum levels in healthy subjects

![](_page_27_Picture_6.jpeg)

### MTHFR gene

- Methylenetetrahydrofolate reductase
   Remethylation of homocysteine to methionine
   Hyperhomocysteinemia
   independent risk factor for macroangiopathy
   Activation of vascular inflammation through inflammatory cytokines, including VEGF
   Polymorphic mutation (C677T)
  - Impaired enzyme activity, resulting in hyperhomocysteinemia
  - \*can contribute to the progression of DMR

![](_page_28_Figure_4.jpeg)

#### **Other Genes**

 TNF-α, nitrate oxidase gene, GLUT1, PAI-1, PON-1 (paroxonase-1), HFE (hemochromatosis), TGF β1, EDN1 (Endothelin-1), PPARγ, or α2β1 integrin, matrix metalloproteinase, basic fibroblast growth factor gene, manganese superoxide dismutase gene, SUMO4 gene, IGF-1 gene, PEDF

![](_page_29_Picture_2.jpeg)

# **Biomarkers in DMR**

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![](_page_30_Picture_6.jpeg)

#### Candidate Plasma Biomarker

- Risk markers of
  - inflammation
  - Hemostatic disturbance
  - endothelial dysfunction
  - Hyperhomocyeteinemia
- Current plasma risk factors of DR
  - Inconsistent
  - limited clinical use

![](_page_31_Figure_9.jpeg)

### the Hoorn Study

- 625 individuals aged 50 to 74 years
- Levels of CRP, soluble intercellular adhesion molecule-1 (sICAM-1), von Willebrand factor, soluble vascular adhesion molecule-1 (sVCAM-1), urinary albumin : creatinine (ACR)
- investigated the association of the markers with prevalent retinopathy

![](_page_32_Figure_4.jpeg)

# Prevalence of retinopathy according to tertiles of CRP, sICAM-1,vWf, sVCAM-1 and ACR

![](_page_33_Figure_1.jpeg)

# Wisconsin Epidemiologic Study of Diabetic Retinopathy

- type 1 DM
- hsCRP, IL-6, sVCAM-1, sICAM-1, TNF, total homocysteine
- Prevalence data
  - sVCAM, TNF, and homocysteine levels were associated with increased odds of more severe DR in those with kidney disease
  - total homocysteine level was associated with increased odds of ME, irrespective of kidney disease.
- Incidence data
  - None of the markers were associated with incidence of proliferative DR, ME, or progression of DR 15 years later.

![](_page_34_Picture_8.jpeg)

#### Multi-Ethnic Study of Atherosclerosis

- 921 patients with DM
- established risk factors
  - diabetes duration, HbA1C, systolic blood pressure, waistto-hip ratio, use of diabetes medications
- novel markers
  - C-reactive protein, homocysteine, fibrinogen, plasminalpha(2)-antiplasmin complex (PAP), interleukin-6, d-dimer, factor VIII, serum creatinine, and urinary albumin-tocreatinine (UAC) ratio
  - After adjusting for established risk factors
    - Fibrinogen and PAP were associated with any DR
    - PAP & homocysteine were associated with visionthreatening DR

Nguyen et al. Diabetes Care 2009

#### Multi-Ethnic Study of Atherosclerosis

- Area under receiver-operator characteristic curve (AUC) for DR for established and novel risk factors
  - Established risk factors accounted for a 39.2% increase of the AUC, whereas novel markers only accounted for an additional 2.2%.

![](_page_36_Figure_3.jpeg)

suggest that there is limited clinical use of these biomarkers for prediction of diabetic retinopathy

Nguyen et al. Diabetes Care 2009

# **Biomarkers in DMR**

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![](_page_37_Picture_6.jpeg)

# Changes in vitreous proteins

- Significant changes in diabetic retinopathy
  - VEGF, SDF-1, HGF, IGF-1, IGF-2, angiogenin, angiopoietin, angiotensin II, endothelin-1, erythropoietin, PEDF, angiostatin, endostatin

![](_page_38_Figure_3.jpeg)

Aiello et al. NEJM 1994

#### Vitreous inflammatory factors and DME

- Vitreous fluid levels of VEGF, ICAM-1, IL-6, and MCP-1 were significantly higher in patients with DME than in nondiabetic patients or diabetic patients without retinopathy.
- In contrast, the PEDF level was significantly lower in patients with DME than in nondiabetic patients or diabetic patients without retinopathy

	DME	Non-DM	Non-DR
VEGF (pg/ml)	1086.4 (15.6–3450.0)	20.4 (15.6-69.6)*	35.6 (15.6–86.4) <sup>†</sup>
ICAM-1 (ng/ml)	18.6 (5.84–52.6)	6.44 (5.00-16.2)*	8.42 (5.00-18.4) <sup>†</sup>
IL-6 (pg/ml)	192.4 (18.0-823.4.)	8.74 (4.00-23.2)*	18.8 (4.00-66.4) <sup>†</sup>
MCP-1 (pg/ml)	1764.4 (176.4-3298.6)	426.3 (116.4-1128.6)*	678.4 (143.8-1654.2)*
PEDF (ng/ml)	3.20 (1.95–18.8)	23.4 (7.84–56.3)*	24.6 (16.6–39.3)†
		Funatsu et al. Ophthalmology 2009	

#### **Vitreous Proteome profiling**

- one-dimensional SDS-PAGE and nano-LC/MS/MS
- 17 independent vitreous samples
  - 252 proteins from human vitreous were identified.
  - 56 proteins were differentially abundant in no DR and PDR vitreous compared with no DM vitreous
  - PDR vs no DR
    - increased levels of angiotensinogen
    - decreased levels of calsyntenin-1, interphotoreceptor retinoid-binding protein, and neuroserpin.
  - PDR vs no DM
    - Increased complement C3, complement factor I, prothrombin, alpha-1-antitrypsin, and antithrombin III

![](_page_40_Picture_10.jpeg)

Gao et al. J Proteome Res 2008

# **Biomarkers in DMR**

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- Genetic biomarker
- Plasma biomarker
- Vitreous biomarker

#### Proteomic approach for biomarker discovery

![](_page_41_Picture_6.jpeg)

#### **Proteome Analysis**

#### Proteome

PROTEin expressed by a genOME

#### Proteomics

 같은 genome을 지닌 생명체의 특정한 생리적인 조건하에서 존재하는 전체 단백질을 대상으로 종류, 분포, 존재량, 성질, 상호 연결망 및 기능 등을 체계적으로 총체적 수준에서 연구하는 기법

#### ▶ Proteomics 분석 방법의 장점

- 대량 분석 : 수십 ~ 수천개 단백질 동시 분석
- 항체 없이 동정 가능 : peptide sequencing 이용
- ☞ 새로운 biomarker 발굴에 유용

#### Vitreous Proteome of PDR

- Undiluted vitreous specimen
  15 active PDR & 15 macular hole
- Proteome analysis
   2D electrophoresis and mass spectrometry (MALDI-TOF)

 25 protein spots were identified in the 2D gel electrophoresis gels.
 8 proteins including PEDF, serine protease inhibitor, apolipoprotein A-IV precursor, and PGH2 d-isomerase were differentially expressed.

![](_page_43_Figure_4.jpeg)

![](_page_43_Figure_5.jpeg)

Kim et al. Curr Eye Res 2006.

#### Vitreous Proteome of PDR

- Undiluted pooled vitreous specimen<sup>A. LC-MALDI-MS/MS</sup>
- from 14 active PDR & 11 macular hole patients.
- Proteome analysis
  - 1D SDS-PAGE, nano-LC, mass spectrometry (offline LC-MALDI-MS/MS & LTQ LC-ESI-MS/MS)
- 531 proteins were identified
  - 415 from PDR and 346 from nondiabetic control vitreous

![](_page_44_Figure_7.jpeg)

B. LC-ESI-MS/MS

Kim et al. Proteomics. 2007

346

#### Identified proteins of complement cascade

![](_page_45_Figure_1.jpeg)

# Identified proteins of coagulation cascade & kallikrein-kinin system

![](_page_46_Figure_1.jpeg)

#### Protein Quantification using multiple reaction monitoring (MRM)

Protein quantification from individual vitreous & plasma

**Procedure for MRM** 

![](_page_47_Figure_3.jpeg)

#### Verification of Vitreous & Plasma Biomarkers using Multiple reaction montoring (MRM)

- Subjects
  - \* Vitreous & plasma
    - \* NPDR with ME 15명, PDR 15명, non-diabetic Macular hole 19명
  - \* plasma
    - \* DM patients without DR 16명, non-diabetic control 16명
- Methods
  - Relative Quantification (12 proteins)
    - \* multiple reaction monitoring (MRM) using triple quadrupole LC-MS/MS
  - 12 Target proteins
    - thyroxine binding globulin (TBG)
    - gamma-Glutamyl Hydrolase
    - Kallistatin
    - von Willebrand factor
    - Hepatocyte growth factor activator
    - Glyceraldehyde-3-phosphate
       Dehydrogenase (GAPDH)

- coagulation factor IX Precursor
- Myocilin
- Peroxiredoxin 2
- Haptoglobin
- Apolipoprotein B100
- PEDF

Kim et al. J Proteome Res 2009

# ROC curves and interactive plots of MRM in PDR versus MH vitreous

![](_page_49_Figure_1.jpeg)

# ROC curves and interactive plots of MRM in NPDR versus MH plasma

![](_page_50_Figure_1.jpeg)

# Interactive plots and ROC curves of TBG in vitreous and plasma

![](_page_51_Figure_1.jpeg)

#### Vitreous & Plasma Biomarker in DR – summary of our results

- Vitreous proteome profiling (Kim et al. Proteomics 2007)
  - Search for candidate biomarker of diabetic retinopathy
  - 531 vitreous proteins were identified
- Selection of candidate : 12 proteins
- Quantification of 12 proteins in vitreous & plasma (Kim et al. J Proteome Res 2009)
  - in patients with PDR, NPDR, and nondiabetic patients
  - Quantification using Multiple reaction monitoring (MRM)
    - Vitreous TBG, kallistatin, HGF activator, vWF, GAPDH
       : increased in NPDR & PDR compared to non-diabetic controls
    - Plasma TBG, GAPDH, kallistatin
       : increased in DR compared to non-diabetic controls
    - Plasma coagulation factor IX, haptoglobin, peroxiredoxin 2, vWF
      - : decreased in DR compared to non-diabetic controls

### Conclusion

- Development of Biomarker for diabetic retinopathy
  - To identify susceptible individuals
  - For early diagnosis
  - To decide treatment methods
  - To predict treatment outcome
  - To predict visual prognosis
- Multimodal approach for development of biomarkers
  - Ophthalmic : fundoscopic, angiographic, and from ocular specimens
  - Genetic
  - Systemic factors including plasma protein

![](_page_53_Figure_11.jpeg)